

REMOVING DISPOSABLE GLOVES



Diversified
MAINTENANCE
"DETAILS MATTER"

Rob Duncan – EHS Director
CSP, ARM



INTRODUCTION

The proper removal of gloves is essential to prevent the cross contamination of chemicals, cleaning fluids or other substances to the skin or other clean objects.



HOW TO REMOVE GLOVES

1. Pinch and hold the outside of the glove near the wrist area.
2. Peel downwards, away from the wrist, turning the glove inside out.
3. Pull the glove away until it is removed from the hand and hold the inside-out glove with the gloved hand.
4. With your un-gloved hand, slide your finger/s under the wrist of the remaining glove, taking care not to touch the outside of the glove.
5. Again, peel downwards, away from the wrist, turning the glove inside out.
6. Continue to pull the glove down and over the inside-out glove being held in your gloved hand.
7. This will ensure that both gloves are inside out, one glove enveloped inside the other, with no contaminant on the bare hands.



HOW TO REMOVE GLOVES





GLOVE USAGE: DO'S

- DO safely remove excess liquid beforehand.
- DO change gloves when heavily soiled or if torn.
- DO dispose of used gloves appropriately, in accordance with your company policy.
- DO cleanse hands in line with your company's skin care guidelines.



GLOVE USAGE: **DON'TS**

- DON'T touch environmental surfaces – eg: door handles, a keyboard, a computer mouse – with contaminated gloves
- DON'T touch your face or adjust PPE with contaminated gloves
- DON'T remove one glove, and then pull the other glove off by the fingertips
- DON'T reuse disposable gloves once they have been removed